



LOXWOOD MEDICAL PRACTICE

Friends of Loxwood Medical Practice Newsletter October/November 2013

WELCOME TO OUR NEWSLETTER FOR 2013 DESIGNED TO KEEP YOU INFORMED OF UPDATES OR CHANGES TO PRACTICE WORKING

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CARE.DATA

MACMILLAN TOTAL

**SYTMONLINE
UPDATE**

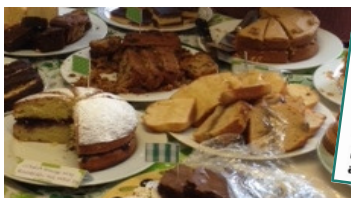
FLU VACCINE

**LIVING WITH
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MACMILLAN COFFEE MORNING

A huge thank you to everyone who helped to raise money for Macmillan Nurses and were part of the big coffee morning. We received some generous donations, as well as some delicious cakes, biscuits or jams that were sold as a little treat along with cups of tea or coffee all served with a friendly smile from our willing helpers, when patients visited the surgery. We raised over £487!



CARE.DATA

NHS England and the Health and Social Care Information Centre (HSCIC) have launched 'care.data'. For further information please pop into the surgery for a leaflet or go to their website www.hscic.gov.uk, but to summarise this is a secure system where information is collected to help plan and improve facilities for all patients. Information from different places such as GPs, hospitals and community services will be compared and used to help provide a full picture and compare the care you received in one area against the care you received in another and see what has worked best. Information such as your postcode and NHS number, but not your name, will be used to link your medical records in a secure system, so your identity is protected. This information is controlled by law and strict rules are in place to protect your privacy.

You have a right to prevent confidential information about you from being shared. If you do not want information that identifies you to be shared outside this GP Practice you need to inform us, and a coded entry will be added to your medical record. This will prevent your information being used other than if necessary by law, for example if there is a public health emergency.

LIVING WELL WITH DEMENTIA

The CCG are currently developing a five year plan to ensure people with dementia and their families are receiving the best support and local services in order to live well with their condition.

It is vital that they hear from local people to help shape this plan and make sure it represents the views of people living with dementia in our area and how they think services can be improved. With this in mind, you are invited to attend this presentation.

Help write a new 5 Year Plan for Adults with Dementia in West Sussex

Join Health and Social Care Commissioners on
Monday 28th October 2013
12.30pm to 4.30pm

With arrivals and light lunch between 12.30pm - 1pm at
**The Barn, Field Place
The Boulevard
Worthing
West Sussex
BN13 1NP**

We would welcome:

- People with Dementia
- Carers, friends and relatives
- Voluntary Organisations
- Health and Social Care Professionals
- District and Borough Councils
- Representatives of Emergency Services

Book your place by Wednesday 23rd October
Email: DementiaStrategy@westsussex.gov.uk or phone: 0330 2222 186

Please book early as places are limited and advise us of any access needs or special requirements at the time of booking.

FLU VACCINE

Our flu vaccines have arrived! If you are aged over 65 years of age or have a chronic disease please telephone reception to book your appointment.

FREE APP AVAILABLE

Did you know that you can now download an app for your iPhone or iPad for SystmOnline. Just search in the Apple store. Remember you will need to register for this service that allows you to book your appointments online or order your repeat medication all with just a few taps, without the need to beat the busy early morning telephone rush.



TAKE CONTROL

Self care week is 18-24 November and this year's theme is to inspire you to take control of your health and ultimately your life, by taking care of minor ailments, managing serious conditions and choosing better health, lifestyle options. Visit our website where you can find a wealth of self care help and NHS information, via the 'support' tab then select 'NHS Tools' or you can click on the link on our home page that takes you to 'NHS choices'.

